

## New Mom Checklist

Available from Women's Care Center (Must attend parenting classes for vouchers)

- Car seat/Stroller combo
- Crib
- Crib mattress
- Activity mat
- Nursing pillow (Boppi)
- Bottles
- Diapers
- Baby clothes (sleepers, onsies, pants, hats, mittens, socks)

Available from WIC Program

- Formula/Baby foods and cereals
- Food assistance for mother if breastfeeding
- Lactation consultation available
- Breast pump
- Other breastfeeding supplies and education

Indiana State Dept. of Health Safe Sleep

- Crib
- Sleep sack

Available from WWMIN registry and/or St. Vincent de Paul Society

- Baby monitor (video or audio)
- Highchair
- Baby carrier/wrap/sling
- Rocker/glider
- Nursery items (crib quilt, crib sheets, decorations ect.)
- Crib mattress cover
- Diaper bag
- Diapers/wipes
- Diaper cream/ointment
- Baby clothes
- Pack n' Play
- Bassinet
- Bathing supplies (tub/sink cushion, soap, lotion, wash cloths, towels)
- Breastfeeding supplies (nipple cream, nursing pads, nursing cover ect.)
- Pacifiers
- Swaddle blankets
- Heavy blankets
- Car seat cover
- Baby nail clippers
- Safety equipment (cabinet/drawer locks, outlet covers, baby gates)
- Bibs
- Feeding supplies (bowls, plates, silverware)